



The Solihull Approach Refresher Training

The Solihull Approach provides a framework for thinking about and working with the relationship between the parent and child from 0 -19. It is an integrated model of working, for care professionals working with families', babies, children, and young people who are affected by emotional and behavioural difficulties. It is an early intervention model and is also used for prevention and group work. The model incorporates three concepts of containment, reciprocity, and behaviour management.

The Solihull Refresher training is available to anyone within Newcastle who has completed the 3-day Foundation Course. It is a half day training session refreshing on the theoretical concepts of containment, reciprocity and behaviour management, transference and the importance of supervision for professionals.

Please see <https://solihullapproachparenting.com/quick-guide-to-the-solihull-approach/> for further information about the approach.

Places are limited to 12 per course

To book a place please email: tnu-tr.solihulltraining@nhs.net

Dates for the next Refresher Training are:

	Trainers
Monday 13th January 2025 0830-1pm Gosforth Library, NE3 3HD. (Free parking available at Asda Gosforth)	
Wednesday 5th March 2025 0830-1pm Families Matter, Lindfield Avenue, NE5 3PL	
Monday 19th May 2025 0830-1pm Charlton Street Family Hub, Lemington, NE15 8RR	
Wednesday 9th July 2025 0830-1pm Gosforth Library, NE3 3HD. (Free parking available at Asda Gosforth)	
Wednesday 17th September 2025 0830-1pm Families Matter, Lindfield Avenue, NE5 3PL	
Monday 17th November 2025 0830-1pm Charlton Street Family Hub, Lemington, NE15 8RR	